

Dear Cyclists,

Beckenham Rugby Cyclists and our chosen charity, Ordinary to Extraordinary, are very thankful to you for signing up to take part in our 8<sup>th</sup> BRC Hills Challenge on Sunday 7th July. It looks to be a great day for a spin.

Our chosen charity O2e has a very strong mission and that is to *'make a difference to the lives of seriously and terminally ill children, whilst encouraging and supporting all ages to embrace sport and adventure, get out of their comfort zones and live life to the full'*.

We do hope you enjoy the iconic hills of Kent while 'getting out of your comfort zone' on one of the two routes we have planned for you.

**BRC CLASSIC 2019 route** <https://ridewithgps.com/routes/30234369>

**BRC EPIC 2019 route** <https://ridewithgps.com/routes/30234478>

The event is fully signed, however please download the map and routes to support you along the way. There will be one water station on the CLASSIC route and two on the EPIC route with some extra food supplies. As always we do encourage riders to bring their own supplies as well. There will be mechanical support at registration for any last minute tweaks (no full services please!!) and at the first feed station.

Please note that this is not a timed event. As **all money raised goes to our charity** we keep the costs low, however on your return there will be a BBQ (from 12pm) with a free food voucher, so you can relax and chat about the ride while you refuel. There will also be a raffle with some great prizes on offer, so bring your family and friends to join you after the event.

**Start and Finish point:**

Beckenham Rugby Football Club  
Balmoral Avenue,  
Beckenham  
BR3 3RD

**Parking:**

There is parking available at the club and on the surrounding roads.  
Cars must not be left at the venue overnight.  
No bikes are to be stored at the club overnight.

**Registration:**

Tea, coffee and snacks available pre and post ride.  
Registration opens at 7am  
Epic ride departs between 7.30am – 8.15am  
Classic ride departs between 8.30am - 9.15am  
All riders should be back by 2pm so give yourself the time you need to complete your chosen course.

**Those who haven't registered online can register on the day for £35 (please pay in cash).**

**What to bring for the ride:**

Road worthy bike  
HELMETS – no helmet, no ride.  
Snacks / drinks / energy bars and gels  
Inner tubes / pumps / puncture repair kits / tools  
Sun-cream

We look forward to welcoming you on the 7th July. In the meantime if you have any questions please do not hesitate in contacting us at [beckenhamrugbycyclists@hotmail.co.uk](mailto:beckenhamrugbycyclists@hotmail.co.uk) Or visit our website <https://www.hillschallenge.com/>

Keep pedalling,  
Beckenham Rugby Cyclists.  
[www.beckenhamrugbyclub.org](http://www.beckenhamrugbyclub.org)

[www.o2e.org](http://www.o2e.org) – Ordinary to Extraordinary

Thank you to our club sponsors for their continued support  
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